**About You The Leader**

This can help to get to know each other and facilitate the trust and initial sessions, it is not required. If you find it helpful, please answer the following, however much or little you’d like to share and any other information you feel would be helpful/relevant. Your answers will help me to have a better understanding of who you are and what is important to you. Please let me know if you have any questions.

1. Tell me a little more about yourself:
   1. You, your family (whatever that means to you) where you’re from, where you live now
   2. Your professional background
2. What do you value most?
3. What are your hobbies or do you like to do for fun?
4. What do you like most about your current job?

1. What do you like least about your current job?
2. What do you think are your greatest strengths?
3. How would you describe yourself?
4. How would the people who know you best describe you?
5. What is something most people don’t know about you?
6. What are your two or three most meaningful accomplishments in life?
7. What things in life cause you the most concern?
8. If money is not a deciding factor and you could do anything, what would you do with your life?
9. What do you need from me as your coach, to get the most out of this relationship? (areas of focus, style etc. if you don’t know we can figure that out!)